

STOP

ALL EMPLOYEES MUST WASH HANDS BEFORE RETURNING TO WORK

Use soap and warm water

Rub hands for 20 seconds

Wash:

- Hand backs & wrists
 - Between fingers
 - Finger tips
 - Under nails
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Rinse your hands well

Pat dry with paper towel

Turn water off with paper towel

HANDWASHING IS THE MOST IMPORTANT WAY TO PREVENT OUTBREAKS OF INFECTIOUS DISEASE IN THE WORKPLACE.

Wash your hands regularly and before work, after using the restroom, and after:

- working with dirty dishes/utensils
- working with raw food
- sneezing or coughing
- smoking, eating, or drinking
- after engaging in activities that contaminate the hands
- handling pets
- touching your hair, face, or body
- touching lacerations, cuts, or sores
- hands become visibly soiled