

# NET WORTH TRACKING SHEET

<b>ASSETS (what you own)</b>		<b>DATE:</b>	Start ____/____/____	30 Days ____/____/____	60 Days ____/____/____	90 Days ____/____/____
<b>CASH &amp; LIQUID ASSETS</b>	Cash & bank accounts					
	Bonds, term deposits and investment certificates					
	Money owed to you					
	Other					
<b>MARKETABLE ASSETS</b>	Mutual Funds					
	Stocks					
	Real Estate Investments					
	Business interests					
	Other					
<b>LONG-TERM ASSETS</b>	Registered Retirement Savings Plan					
	Cash value of life insurance					
	Pension plans & profit sharing					
	Other (Offshore, etc.)					
<b>PERSONAL ASSETS</b>	Personal residence					
	Recreational property					
	Vehicles					
	Recreational equipment					
	Household furnishings & equipment					
	Collectibles (art, stamps, coins, jewelry, etc.)					
	Other					
<b>TOTAL ASSETS</b>						
<b>LIABILITIES (what you owe)</b>						
<b>SHORT-TERM DEBT</b>	Charge accounts & credit cards					
	Line of credit/overdraft					
	Loans (car loan, etc.)					
	Unpaid bills					
	Taxes (Income tax or property tax owing)					
	Other (Charitable pledges, family obligations etc.)					
<b>LONG-TERM DEBT</b>	Home mortgage					
	Other mortgage loans					
	Other					
<b>TOTAL LIABILITIES</b>						
<b>NET WORTH (TOTAL ASSETS minus TOTAL LIABILITIES)</b>						