

Cancer Support Meetings

4th Mon. 7:00pm

Assembly of Yahweh Wellness Center

1017 Gunnel RD.

Eaton Rapids, MI 48827

Call Charles Miller for directions 517-676-9152

3rd Mon. 7:00pm

Trinity United Methodist Church

530 Guilford St.

Huntington, IN 46750

Call Grace Ann Lockwood 260-358-9022

2nd Tue. 7:00pm

Regency Office Center

2722 E Michigan, Room 103

Lansing, MI 48912

Call Charles Miller for directions 517-676-9152

4th Thur. 7:00pm

Howard Miller Library

14 South Church Street

Zeeland, MI

Call Sandy Jousma for directions 616-399-4975

Or Charles Miller for directions 517-676-9152

Zeeland meeting does not meet in November and December due to holiday conflicts.

tipcharles@gmail.com

Directions for taking supplements

Adrenal Function \$40 1 oz	Absorb 3-6 sprays in the mouth morning, noon, afternoon, and bed time. Feeds the adrenal cortex with many positive results. Use along with DHEA-pregnenolone to assist the immune system in restoring the Adrenal Glands. May restore the Adrenal glands in less than 30 days.
Apricot Kernels \$16 1 lbs.	2 or 3 kernels three times a day with meals. Contain vitamin B17 which helps boost the immune system.
Aqua Gold \$28 8 oz	Mix 8 oz. bottle of Aqua Gold with 1 gallon of distilled water or spring water and take 1 oz. (2 Tbs.) every 4 hours on an empty stomach. It is not necessary to get up during the night to take Aqua Gold. Aqua Gold helps the immune system defeat cancer, arthritis, etc., accelerates healing of injuries and often decreases pain and swelling.
Arterial Support \$30 120 caps	Take two capsules morning and evening just before food intake. Oral Chelation #1 and #2 may support strengthening blood vessel walls and flexibility and free flow of blood. Suggest checking arteries to verify improvements after using these products for 4 to 6 months.
ASEA \$35 32 oz	One two (2) ounce serving once or twice a day for adults, one two (2) ounce serving once a day for those between the ages of 12 and 18. Take 10 minutes before eating. Use a clean, dry glass or an unused plastic cup. Pregnant or nursing women should consult a physician before using. More ASEA information is available at: http://teamasea.com/tipcharles
ASEA Renu 28 Gel \$35 2.7 FL oz	Apply topically to renew skin vitality and relieve pain, itching, and dry skin conditions.
Beef Gelatin \$12 200 caps	4 capsules twice a day anytime, or with meals. Assists in rebuilding damaged cartilage caused by arthritis.
Bone Support \$30 32 oz	1 Tbs. at bed time only (½ Tbs. for children). For advance bone loss or cancer of the bone, take up to 2-3 Tbs. a day at night only. These minerals do not require digestion or enzyme activity and they do not interfere with prescription medications. Best to take with 5,000 to 10,000 i.u. of Vitamin D3 a day. Considered to be the best answer to cramps and bone loss.

Boron \$26 16 oz	1 Tbs. at night only (½ Tbs. for children). A study conducted by the U.S. Department of Agriculture indicated that within eight days of supplementing their daily diet with Boron, a test group of postmenopausal women lost 40% less Calcium, one-third less Magnesium, and slightly less Phosphorous than they had before beginning boron supplementation.
Calcium Citrate \$20 150 caps	Take 2 capsules per meal or as directed by a health care professional.
Cal-Gluconate \$20 250 caps	Take 2 capsules per meal or as directed by a health care professional.
Cal-Lactate \$20 250 caps	Take 2 capsules per meal or as directed by a health care professional.
Cantron \$130 32 oz	1/4 tsp. every 4 hours (2 medicine droppers under tongue—hold for 5 minutes and then swallow). Take Cantron at least 30 minutes before eating, or 30 minutes after eating. (At bedtime take ½ tsp. for the longer span of time during sleep.) Make certain the medicine dropper holds 1/4 tsp. May assist the immune system in defeating viruses and mutated cells that contribute to diseases such as arthritis, cancer, etc.
Capsicum \$15 1 oz	Start with 2-3 drops 3 times/day mixed in blackberry juice or apple juice to tone down the taste. Can increase drops slowly. Assists in detoxing blood, and liver, and strengthens lungs.
Cardio \$35 30 Scoops	Mix 1 scoop with 12 fl. oz. of water. Do not consume with food. Life's Cardio is the ultimate Nitric Oxide product. By providing not only L-Arginine but L-Citruline and an abundance of antioxidants, it assures maximum nitric oxide production to help maintain a healthy cardiovascular system. Do not exceed recommended dose.
Cellular Energy \$46 200 grams	½ to 1 tsp. twice a day. Not recommended to take after 4:00pm. Delivers high energy directly to the cells.
Cellulase \$30 100 caps	Start with 1 capsule between meals twice daily and separately from other enzyme formulations. Can proceed to 2 capsules and more may be taken if needed, or as directed by a health care professional. Formula supports digestion and absorption of cellulose, cell walls of plants, carbohydrates, fruits, legumes, soluble and insoluble fibers, including digestible and non-digestible fibers.

Colon Helper	Start with 1 capsule a day. Can increase too two a day. As soon as
\$20 50 caps	regular colon function returns stop it. Product is not habit forming. Helps
	to cleanse the colon and restore normal colon function.

Colostrum	1 or 2 capsules twice daily, one hour before or 2 hours after meals. Aids in
\$7 60 caps	rebuilding the immune system and improves white blood count.

Comfrey	Start with 1 drop 3 times/day and increase slowly to 4 drops 3 times/day.
\$25 2 oz	Used externally, it is said to be anti-inflammatory, good for dry skin,
	psoriasis, swollen veins (phlebitis), sunburn and healing wounds due to its
	natural concentration of allantoin.

Despite safe and effective use as a tea for upset stomach, ulcers, heavy menstrual periods, diarrhea, bloody urine, persistent cough, painful breathing (pleuritis), bronchitis, cancer, and chest pain (angina), the FDA now says Comfrey should not be taken internally, nor applied to broken or abraded skin. If you choose to do so you are exercising your constitutional right to freedom of choice, and accept full responsibility for the outcome.

NO MEDICAL CLAIMS ARE MADE.

Corti Block	Take one tablet, one or two times per day, with at least four hours
\$30 30 tablets	between each intake. It may be desirable at times to lower our stress
	induced cortisol levels naturally.

INGREDIENTS: Daisy flower, Grape leaves, Olive pit fractions. It is possible that when we are under excessive stress our adrenal pumps out an enormous amount of Cortisol. This in turn can produce much of the pain many feel in the upper back, shoulders and neck and perhaps also raises the blood pressure. This raised cortisol may also add much unwanted fat to our bodies. It is also believed by some doctors that this problem combined with depression can actually shrink brain neurons. Hence, it may be desirable at times to lower our stress induced cortisol levels naturally. SUGGESTIONS: Exercise, Relaxing, and thinking good thoughts.

Cytozyme Trachea	2 capsules 3 times a day anytime, or with meals. Assists in rebuilding
\$40 180 caps	damaged cartilage caused by arthritis.

DHEA-Solution \$28 320 Squirts	4 squirts in the mouth twice a day, morning and evening. Swish it around quickly in the mouth 15 to 30 seconds. A hot sensation will be felt even though the items in this formula are not individually spicy. Do not use this product if you are pregnant or lactating. Keep this product away from children.
Digestive Enzymes \$30 90 caps	1 capsule with every meal. Additional capsules may be taken if needed, or as directed by a health care professional. Formula supports the digestion and absorption of proteins, carbohydrates, fats, lactose and fibers.
Digestive Enzymes and 35mg of Betaine HCL \$30 125 caps	1 capsule with every meal. Additional capsules may be taken if needed, or as directed by a health care professional. Formula supports the digestion and absorption of proteins, carbohydrates, fats, lactose and fibers.
Dolomite \$11 250 caps	Take two tablets, two times per day. Assists the body in the removal of uric acid and nitrates.
Earth's Aloe \$25 90 caps	3 to 6 capsules a day is recommended for maintaining a highly effective immune system. If immune system is seriously depressed start with 2 capsules a day for two days, then 4 a day for two days, then 6 a day for two days, etc., building up to 16 capsules a day. After two weeks at 16 capsules a day, six capsules a day is sufficient for most people but if a person is still very weak it is probably better to maintain the 16 capsules a day level. Best to take 1 hour before or after a meal and at bedtime. Once health returns to normal 3 to 6 capsules a day is sufficient for maintaining a highly effective immune system.
Earth's Aloe Miracle Aid Creme \$12 4 fl oz	A soothing moisturizing, deep penetrating aid creme with abundant polysaccharides for promoting healthy skin damaged by age and other causes. Offers a natural remedy to help treat and alleviate symptoms of: sunburn: wind burn, minor skin irritations, dry, irritated, and itching skin, rashes, psoriasis, minor burns, non-poisonous insect bites, cuts and abrasions.
Energy Blast \$43 150 sprays	Spray once a day in mouth and swallow. Contains Vitamin B-12 with folic acid and Vitamin B-6.
Enzyme Formula \$20 200 tablets	1 capsule 3 times a day, 1 hour before or 2 hours after meals. For advanced cancer 2 capsules 3 times a day may increase the effectiveness of the immune system's response. Contains bromelain, pancreatin, and other enzymes that help turn off the rapid growth of many cancers.

Femodrol \$43 1 oz	Spray 4 sprays directly in mouth 2 to 6 times a day until symptoms improve. Indications for use: Helps increase lean body mass, decrease body fat, increase energy, improve weight loss, increase physical strength, improve sexual function, improve sleep quality, and hormonal balance.
First Elements \$25 90 caps	1 capsule four times a day, four hours apart. Take with some food on stomach if it causes stomach upset taken on an empty stomach. Helps the body become alkaline, which assists the immune system in defeating anaerobic cells that cause arthritis, cancer, and other collagen based disease, and often normalizes high blood pressure.
Fulvic Gold \$90 1 gal	Take 4 oz. one hour after breakfast and 4 oz. one hour after dinner with 4 drops of Vanadium and 4 drops of OXY Channel added just before taking. Often decreases pain and assists the immune system in defeating cancer. NOTE: Do not place product in metal silver ware or metal cups since it decreases the effectiveness of the supplement.
G-H3 \$30 32 oz	2 tsp. on an empty stomach once a day. Contains Diethylaminoethanol (DEAE), a building block of two body substances important to the central nervous system: choline and acetylcholine. Both are part of the body's stress reaction system and aid memory functions. DEAE supports mental stimulation and has a positive effect on mood states.
Greens Berry \$30 30 Scoops Greens Chocolate \$35 30 Scoops	Add 1 scoop to 6-8oz of water and stir. Contains antioxidant power equal to 20 servings of organic fruits and vegetables plus 300 mg of dairy-free probiotics.
Hawthorne Berries Tincture C \$25 2oz	Add 10 to 20 drops to water or juice, 3 or 4 times a day. Start with 5 drops and work up. It is used to treat angina, high blood pressure, congestive heart failure, cardiac arrhythmia, myocarditis, arterio sclerosis, nervous conditions like insomnia, and diarrhea.
Healthy Prostate & Ovary \$35 180 caps	3 capsules three times daily. May improve enlarged prostate condition within one week to a month. Also helps ovaries.

Humic Minerals X-1 \$30 32 oz	<p>People with moderate amounts of heavy metals and chemicals in the body take 1 oz. (2 Tbs.) a day 2 ½ hours after evening meal or bed time and drink up to 6 ounces of water for better absorption. People with major heavy metals and chemicals in the body can take 4 oz. a day. Product removes heavy metals, chemicals, and radiation from the body without causing negative side effects. Product also assists the immune system in defeating viruses and bacteria.</p> <p>NOTE: Do not place product in metal silver ware or metal cups since it decreases the effectiveness of the supplement. Refrigerate after opening.</p>
Hydrangea Root \$10 100 caps	<p>Take two capsules, two times daily, preferably with food. Do not exceed recommended dose unless a health care professional advises otherwise. Best not to use long term. Aids in dissolving kidney and gall stones.</p>
Information Stabilization Card \$25.00	<p>Helps the body reverse counter-clockwise message flow from the brain to the organs and cells to the correct clockwise flow. This shortens the time required to overcome health issues. Keep in a pocket during the day and place it under the sheet or pillow at night to keep message flow correct.</p>
Iodine 2X \$28 16 oz	<p>1 Tbs. daily (1 ½ tsp daily for children). If also taking Humic Minerals X-1 then take Iodine 2X 1 hour before breakfast and drink 4 ounces of water. Mono-atomic natural state iodine is beneficial to an estimated 96 percent of people deficient in iodine. Dry hair, skin, fatigue, and cold hands and feet are often the result of iodine deficiency.</p>
Leg Circulation \$40 600 sprays	<p>Apply to leg by spraying and rubbing by hand. Cover from knee to top of foot, all sides and behind the leg but not the bottom of foot. Expect warm tingling effect as blood is drawn to the area. This usually only lasts 10 minutes. This may be done every 3 hours. Results are usually obtained while using the first bottle. The pain of poor circulation should disappear anywhere from the first day to 30 days. Multiple applications speed results. Use topically only. Do not swallow.</p>
Light Disc \$600	<p>www.ledsforhealth.com contains more information on light emitting diode therapy.</p>
Liquid Iron \$16 6 oz	<p>1 tsp. a day with a meal. (Do not give to children under 6) Supports healthy iron levels for energy and stamina. Contains Folic Acid - 442mcg, Vitamin B12 (as Cyanocobala) - 110 mcg, Iron (as ferric ammonium citrate) - 20 mg.</p>

Magnesium \$26 16 oz	1 Tbs. daily ($\frac{1}{2}$ Tbs. daily for children). If also taking Humic Minerals X-1 then take Magnesium 1 hour before breakfast and drink 4 ounces of water. Mono-atomic natural state Magnesium is beneficial to an estimated 75 percent of people deficient in Magnesium. Difficulty sleeping and staying asleep, anxiety, muscle spasms and cramping, and eye twitches are often signs of Magnesium deficiency.
Manganese \$26 16 oz	1 $\frac{1}{2}$ tsp. a day.
Marine Hypertonic Plasma \$50 30 ampules	Take one or two ampules on an empty stomach in the morning. Can also take one ampule at mid-day. Marine Plasma supports cellular nutrition and virtually all other physiological processes.
Marine Isotonic Plasma \$50 30 ampules	Take one or two ampules on an empty stomach in the morning. Can also take one ampule at mid-day. Marine Plasma supports cellular nutrition and virtually all other physiological processes.
Marine Phytoplankton 5000 \$36 30 caps	Take one capsule a day with water or food. Marine Phytoplankton is considered one of the most powerful foods on Earth because it is loaded with high-energy super anti-oxidants, vitamins, minerals and proteins in microscopic form.
Marine Phytoplankton Drops \$50 30 droppers	Take one dropper full a day with or without food. Marine Phytoplankton is considered one of the most powerful foods on Earth because it is loaded with high-energy super anti-oxidants, vitamins, minerals and proteins in microscopic form.
Mega Hydrate \$25 60 caps	1 capsule four times a day, four hours apart. Take with some food on stomach if it causes stomach upset taken on an empty stomach. Helps clear blockages, expedites the removal of toxins released by dying anaerobic cells, and often normalizes high blood pressure.
Milk Thistle \$12 100 caps	1 capsule 3 times a day with meals. Helps to keep the liver healthy.
Minerals of Life 4X \$25 8 oz	$\frac{3}{4}$ tsp. daily ($\frac{3}{8}$ tsp daily for children). Add to 4-6 oz of water or juice. These minerals include all the trace minerals in the right form and size.

Miracle II Gel \$12 8 oz	Refreshes skin moisture. This quick-absorbing, non-greasy lotion is formulated to replace greasy skin crèmes. Its oils and emollients feed the body and leave skin looking and feeling baby soft and healthy. Formulated with: tropical almond - coconut oils - cold pressed avocado - energized water - Vitamin E - No preservatives added (approximate shelf life is 9 to 12 months. Keep out of direct sunlight and high temperatures). Also applying gel around eyelids may assist in clearing up cataracts.
Miracle II Neutralizer \$12 22 oz	Mix one ounce (2 Tbls.) per gallon of distilled water or spring water and drink one glass 1 hour before or 2 hours after meals. Helps to neutralize stored acid wastes and balance the body's pH. Also 1 drop in eyes 3 to 6 times a day may assist in clearing up cataracts.
Miracle II Soap \$12 22 oz	This natural alkaline green soap provides you an industrial strength, multi-purpose gentle soap that can replace your bathing, laundry, and household soap requirements without harsh surfactants or preservatives.
Molecula Silver \$25 16 oz	For help in defeating a bacterial cold or flu take 1 teaspoon of Molecula Silver 3 times a day on an empty stomach. To build the immune system to assist in defeating bacteria, fungal spores, and, mycobacteria, that incubate inside cells, start taking Water Purification Drops for 4 to 6 weeks and then begin taking one teaspoon of Molecula Silver before breakfast in the morning and one teaspoon before bed time. If no unusual issues arise after two days then take 2 teaspoons morning and evening for two days. If no unusual issues arise after two days then take one tablespoon of Molecula Silver morning and evening. Continue this dose for four to six weeks, which should be sufficient to clear fungal spores and mycobacteria that incubate in cells before they come out and cause the body to become more acidic. (Getting the body more alkaline makes it easier for the immune system to defeat cancer and other diseases.) While taking Molecula Silver, continue to take WPD once a day (5 drops of Citric Acid to 5 drops of Sodium Chlorite).
NAC \$7 100 caps	1 capsule 3 times a day, 1 hour before or 2 hours after meals. Liver needs it to produce the free radical fighter glutathione. NAC protects the body against bacteria, viruses, chemicals, and radiation damage and aids in the breakdown of drug and cellular wastes.
Noni (500 mg) \$10 60 caps	1 capsule 1 hour before breakfast and evening meal or 2 hours after meals. Stimulates the immune system and improves the white blood count.

Organic Sulfur \$35 1 pound	<p>Take 1 tsp. dissolved in 2 oz. of warm or hot non-chlorinated or filtered water, first thing in the morning. If over 200 lbs. take more, too much sulfur has never been demonstrated. Best to drink more water up to 8 oz, and then wait 30 minutes before taking medications, eating food or supplements. Repeat dosage 30 minutes before evening meal.</p> <p>If flu symptoms or headaches occur it may be detoxification; increase amount NOW to neutralize toxicity and relieve symptoms. Do not stop.</p> <p>Your body does not store or make sulfur and chemical fertilizers have destroyed sulfur in the soil, so plants don't have it. The body uses sulfur to aid healthy skin, cartilage, reduction of wrinkles, regulate insulin production and reduction of need for insulin, repair of damaged cells by making cells flexible and elastic, reduction of water retention, promotion of oxygen transport across the cell membrane, new lung cell growth, and chelation of chemical buildup in the blood brain barrier.</p>
OXY Channel \$15 900 drops	<p>For those not taking Fulvic Gold on day one place 5 drops in liquid, morning and evening. Thereafter: 10 drops, twice daily. Children use half this amount once daily if approved by a physician.</p> <p>If taking Fulvic Gold add 4 drops of OXY Channel to increase the effectiveness of Fulvic Gold. Can increase up to 20 drops of OXY Channel to further increase the effectiveness of Fulvic Gold.</p> <p>Contents: Purified water, 85 Full Spectrum trace minerals, Fulvic acid, 18 Amino Acids, 28 Enzymes.</p>
PARA-1 (copper) \$20 16 oz	99.99 percent pure copper. Best to take under specific recommendation by your health care professional.
PARA-2 (zinc) \$26 16 oz	99.99 percent pure Zinc. Best to take under specific recommendation by your health care professional.
PectaSol Detox Formula \$40 60 caps	Take 2 capsules daily on an empty stomach, or as recommended by your health care professional. Formula supports blood and intestinal cleansing, as well as inhibits the absorption of toxins.
Plasmatrix Gel \$40 ½ oz	A concentrated Zynergy type base gel formula designed to be applied topically to skin cancer 2 to 3 times a day.
Platinum \$75 2 oz	4 to 5 sprays under the tongue twice a day, hold for 30 seconds and swallow it. Helps the immune system defeat anaerobic cells that cause cancer, arthritis, pulmonary fibrosis, etc. Often elevates overall energy.

Potassium \$26 16 oz	1 Tbs. daily, ½ Tbs. daily for children. Potassium depletion in humans results in various cardiac dysfunctions.
Protease \$30 90 caps	1 capsule before breakfast and bedtime with dinner. Formulated to aid in digestion and assimilation of proteins. Do not use product if gastritis peptic ulcer or heartburn is present or in conjunction with blood thinning medications, including aspirin therapy. If pregnant or nursing consult your healthcare professional before use.
Psoriasis Healing Cream \$35 4 oz	Multi-Purpose Psoriasis Healing Cream with Peptides.
Reams Test Kit \$15	Reams Urine/Saliva test identifies a base line of the body's deficiencies and recommendations to bring the body into maximum health.
Regulator-2 \$40 400 squirts	To modulate inflammation from allergies or infection use 3-6 squirts into the mouth one hour before meals and let the product absorb in the mouth for 5 minutes. For ALS and MS take up to 12 squirts into the mouth 5 times a day one hour before meals and let the product absorb in the mouth for 5 minutes. Product assists the immune system's ability to defeat extreme inflammation associated with ALS, MS, Parkinson's disease, Pulmonary Fibrosis, and inflammation generated by allergies and other causes.
Respiratory Comfort \$35 8.5 fl. oz.	Start with 1 drop/3x a day. Can work up to 12 drops/3x a day. Helps keep the lungs elastic to better enable proper exchange of oxygen and carbon dioxide.
Selenium \$26 16 oz	1 ½ tsp per day. Selenium, working with Vitamin E, is a potent anti-oxidant that helps prevent cellular damage which can lead to premature aging. In fact, scientists in Brussels discovered that just 100mcg of Selenium every day improved the immune system function by nearly 80 percent.
SerraEnzyme \$25 90 caps 80,000 IU	1 capsule 3 times per day (1 hour before or 2 hours after meals). Can take up to 3 capsules 3 times a day. Histologic studies reveal powerful anti-inflammatory effects of this naturally occurring Serrapeptase enzyme. (Taking 2 capsules at bedtime may contribute to significant weight loss.)

Shark liver oil \$18 120 caps	2 capsules 3 times per day (1 hour before or 2 hours after meals). Helps to counter angiogenesis. (Angiogenesis is a function in the body where unhealthy cells develop their own blood vessel structure in order to nourish and support themselves. The immune system uses certain compounds in the body to naturally counter angiogenesis. This normal body function is called anti-angiogenesis. Squalamine, a substance found in shark liver oil, is an aminosterol compound which the body readily uses to carry out its normal anti-angiogenesis function.
Skin Restore \$40 600 sprays	Apply to any skin by spraying or rubbing by hand. May support skin DNA, weathered skin and skin blemishes. It can be applied 3 times a day to speed progress. It may cause redness, warmth and slight burning sensation for about 10 minutes as blood rushes to the surface with important nutrients. Always let the product remain on the skin as a protective barrier. Special oils hold the product on the skin surface for better repair. Keep out of reach of children and do not swallow the product orally or get it into the eyes. Use as a topical product only. Results often occur within 60 days. Skin will not need moisturizing lotion.
Sleep is Gold \$26 16 oz	1 Tablespoon daily (Children under 5 reduce amount). Use more if needed.
Squalamax \$25 100 caps	1 capsule 3 times per day (1 hour before or 2 hours after meals). Dramatically enhances the beneficial effects of shark liver oil.
Super Omega 6&3 Oils \$30 120 caps	2 capsules morning, noon, and evening with or without meals. Contains the correct ratio of Omega 6 and 3 oils which may translate into benefits such as less carbohydrate cravings, greater stamina, fewer allergy symptoms, less bruising, softer skin, less PMS symptoms, etc.
Teasel Root Tincture \$14 1 oz	Lyme 1-5drops 3x/day. Other conditions 15-20 drops 3/day. Teasel promotes recovery for Lyme's disease, Alzheimer's, dementia, autism, stroke victims, memory loss...any neurological issues where the nerve fibers have been damaged and need straightening and reconnecting.
Testrodol \$43 1 oz	Spray 4 sprays directly in mouth 2 to 6 times a day until symptoms improve. Indications for use: Helps increase lean body mass, decrease body fat, increase energy, improve weight loss, increase physical strength, improve sexual function, improve sleep quality, and hormonal balance. (Built for men and women over 50 or post-menopause.)

Toe Nail Restore \$40 1,000 sprays	Spray fungal toenails generously and let it dry. Can be applied 3 or more times per day or every three hours to speed progress. Product has ability to get under the fungal toenail. Fast acting, this topical product may be the most effective product ever developed for toenail fungus.
Total Body Nutrient 2X concentrate \$26 16 oz.	Stir into water 1 Tbs. daily. For children ages 2 to 12 take ½ Tbs. daily. Contains citric and fulvic acid, ionic mineral blend of 70 plus minerals, vitamins, natural citrus flavor, and natural sweeteners.
Ultra-1 (calcium) \$26 16 oz.	Drink 4 Tbs. (2oz) of Ultra-1 into a glass and drink undiluted on an empty stomach. WAIT 5 minutes and then drink 4 Tbs. (2 oz) of Ultra-2 undiluted. Expect lite-headedness or dizziness for 1 second to 1 hour if a virus is present. You may repeat Serving after 3 hours if needed. You may repeat each day until lite-headedness ceases. Add 1 TBS of Ultra-3 if you want to speed up the results.
Ultra-2 \$26 16 oz	(Copper and Zinc) See directions for Ultra-1.
Ultra-3 \$3 2 oz	See directions for Ultra-1.
Vanadium \$18 8 oz	Before taking Fulvic Gold add 4 drops of Vanadium. Can add up to 20 drops of Vanadium to increase the effectiveness of Fulvic Gold.
Vitamin D3 \$21 810 drops (1,000 i.u. per drop)	Each drop contains 1,000 i.u. of Vitamin D3. Take 3 times a day for a total of 5 to 10 drops a day. For advance bone loss or cancer of the bone take up to a total of 15 drops a day.
Water Purification Drops (WPD) \$21	Can be used as an anti-fungal, parasite, and microbial cleanse. See separate sheet for instructions.
Willard's Water \$13 8 oz	Mix one ounce per gallon of distilled or good water and drink one glass 1 hour before or 2 hours after meals. Facilitates the delivery of nutrients into the cells and hard to reach areas such as the lymph system. Aids in the elimination of wastes and toxins from the body.

Zynergy+	4 drops under the tongue every 4 hours during the day, hold for 30 seconds
\$75 2 oz	and swallow it. Helps the immune system defeat anaerobic cells that cause
\$40 1 oz	cancer, arthritis, pulmonary fibrosis, etc., and aids the immune system in
	overcoming viruses such as: HIV, shingles, hepatitis A, B, C, D, E, F, G,
	genital herpes, and Epstein Bar, which often contributes to Chronic
	Fatigue Syndrome, etc., and helps remove plaque from arteries.

NOTE: Zynergy+ and First Elements or Mega Hydrate work even if you take these products five minutes before a meal or five minutes after a meal. So don't worry about taking them on an empty stomach if your schedule gets interrupted. It is not necessary to get up during the night to take Zynergy+ and First Elements or Mega hydrate.

For anyone taking Humic Minerals X-1, take the last dose of Zynergy+ 3 hours before taking Humic Minerals X-1 since Humic Minerals X-1 will pull Zynergy+ along with other heavy metals out of the body. An alternate option at bedtime is to take Fulvic Gold instead of Zynergy+ since Fulvic Gold will help defeat cancer but will not be removed from the body by Humic Minerals X-1.

Also since Humic Minerals X-1 pulls iron out of the body Minerals of Life should be taken in the morning to put iron back into the body. If a person becomes tired after taking Humic Minerals X-1 over time it may be due to the need for more iron. Adding an iron supplement should be considered in this case.

Electronic and Environmental Defense Systems

PRODUCT	QUANTITY	UNIT COST	AMOUNT
EMF Cel-Factor Neutralizer (Computer)	1	\$35.00	\$ 35.00
EMF Cel-Factor Neutralizer (Phone)	1	\$35.00	\$ 35.00
GeoResonator Patches (set of 4)	1	\$90.00	\$ 90.00
Information Stabilization Card	1	\$25.00	\$ 25.00
Light Disc Unit	1	\$600.00	\$600.00
Light Pad	1	\$465.00	\$465.00
X- Gen Air	1	\$180.00	\$180.00
Xguard EMF Filter	1	\$90.00	\$ 90.00
X- Power Saver	1	\$250.00	\$250.00

Books

PRODUCT	QUANTITY	UNIT COST	AMOUNT
Dr. Maras booklet	1	\$ 2.00	\$ 2.00
Eating Raw, Living Well	1	\$20.00	\$ 20.00
Nourishing Body and Soul	1	\$10.00	\$ 10.00
The Battle for Health is over PH	1	\$ 7.00	\$ 7.00
The Energy Soup Book	1	\$10.00	\$ 10.00
Today's Technology In Bible Prophecy	1	\$ 5.00	\$ 5.00

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